

Which swim lesson? IS RIGHT FOR MY CHILD?

BEGIN HERE:

Is your child 5-years-old or older?

Is your child 3-4 years-old?

Try our Parent/Child lessons (ANGELFISH)

for children ages 3 and under. (Adult participation is required)

NO

NO

YES

CLOWN FISH

SPINNER DOLPHIN LEVEL 2

YES

BLUE MARLIN LEVEL 1

NO

STRIPED MARLIN LEVEL 1

Can your child comfortably place their face in the water for 3 or more seconds? Are they comfortable kicking on their front and back while being supported?

YES

Is your child comfortable kicking on their front and back without support?

NO

YES

Can your child kick on their front and back without support? Can they swim with a combined stroke?

YES

Can your child perform alternating and simultaneous leg and arm actions on their front and back with or without support?

YES

Can your child perform a front and back glide and recover into a vertical position? Can they back float for at least 15 seconds?

NO

BELUGA WHALE LEVEL 3

BLUE WHALE LEVEL 3

NO

Can your child swim elementary backstroke for 15 yards

YES

Can your child swim crawl stroke for at least 15 yards, back float and tread water for 1 minute each?

YES

BOTTLE-NOSE DOLPHIN LEVEL 2

Can your child swim 15 yards each of crawl stroke, backstroke, elementary backstroke, butterfly, and sidestroke?

YES

Is your child 11 years old or older and interested in participating in a Lifeguard Preparation class with a swim workout?

YES

ORCA LEVEL 6

HAMMER-HEAD SHARK LEVEL 4

TIGER SHARK LEVEL 5

NO

NO

